



New Adventures in Learning

Fall 2024 Classes

October 7th to December 13th

Online classes are identified by ZOOM in their title. All other classes are in person at the Sun Lakes Center.

'New Adventures in Learning' and 'New Frontiers in Life-long Learning' are collaborating to share some online classes. The collaborated classes are indicated using a '-NA' or '-NF' extension to the class ID.

-NF - class presented by New Frontiers in Life-long Learning
-NA - class presented by New Adventures in Learning

- F1901C - Introduction to Estate Planning**
- F0302C - Was Shakespeare a Fraud?**
- F2703Z-NA - B-17G "Sentimental Journey": Famous WW II bomber**
- F0604C - Movies, Music and Books! Oh My!**
- F2005C - Understanding Political Polls**
- F0906C - Investigating Animal Crimes**
- F2307C - Christians and Jews in the first Century A.D.**
- F0508C - The Magic of Numbers**
- F1409C - Living and Coping with Chronic Pain**
- F1410C - Protecting Your Brain from Alzheimer and Cognitive Decline**
- F1911C - Retirement Specific Strategies and Investments**
- F0512C - Become a Rocket Scientist!**
- F1413C - Introduction to Meditation**
- F1914Z-NA - Social Security Benefits: What You Need to Know**
- F1015C - Introduction to the Game of Bridge**
- F1116C - AARP Driver Safety Smart Driver. 4 hours total**
- F0717C - Strength and Stability with Yoga #1**
- F0718C - Yoga with Pilates Stretching and Balancing #2**
- F1019C - Taking "Recycle and Reuse" to a New Level**
- F1720C - New Adventures On-going Book Club A**
- F1721C - New Adventures On-going Book Club B**

F1722C - New Adventures On-going Book Club C

F0523Z-NA - Black Holes Explained - Part A

F1224C - Sprechen Sie Deutsch

F0325C - The Real History of Dracula

F2326C - Tokyo Rose: American Traitor or a Victim?

F0627C - Don't Panic! Be Safe and Secure Online

F2328C - And the Walls Came Tumbling Down

F0429C - Impressionists in Winter "Effets de Neige"

F2330C - The Great Papago Park POW Escape

F1431C - The Second Brain: Do the "germs" in your gut run your life?

F1932Z-NA - Year-End Tax Planning: AZ Tax Credits, RMD, QCD, Conversions

F1033C - Cardmaking for Fun

F1434C - Stem Cell Therapy for Bone-on-Bone Pain

F3035C - CGCC Hoop of Learning: Developing Indigenous Scholars

F1436C - What is Senior Living All About?

F1037T - Welcome to the Exciting World of Bocce Ball

F1138C - America by Bicycle

F2339C - Amazing (but little-known) Women: Grandma Emma Gatewood

F1240C - Learn to Have Fun Doing Public Speaking

F0741C - Chair Yoga

F2342C - Unsung Women Heroes of WWII: France

F1343C - Día de Los Muertos (aka Day of the Dead)

F1244C - Spanish Refresher Class

F1445C - Suggestions: Fall Prevention Common Medical 911 Emergencies.

F1546C - The Continuing Legacy of the Spanish Inquisition

F2347C - The Lewis and Clark Expedition in Perspective

F1248C - Beginning Conversational Spanish

F1849T - Thanksgiving Dinner - Coopers Hawk Winery & Restaurant

F1850T - Lunch Bunch November 2024

F1851T - Lunch Bunch December 2024

F1852T - Lunch Bunch October 2024

F2753C - USS AZ Foundation Honoring the Past Forging the Future

F1254C - Introduction to American Sign Language

F1055C - Laughter Through Theater Games

F2756Z-NA - History of the "Cold War" 1947-1992 - Strategic Air Command

F2757Z-NA - De Havilland Mosquito; The Wooden Wonder of WW II

F2758Z-NA - America's Founding Fathers

F2759Z-NA - English Electric Canberra/B-57

F2760Z-NA - The "Boneyard": 309th AMARG in Tucson AZ

F3061C - The Hidden Gems of CGCC: Benefits You Didn't Know Existed

F0762C - Golf-Specific Mobility and Injury Prevention

F2763Z-NA - Titan II: The Few and the Powerful

F1465C - Choose How You Age - College series.

F1467C - PAWS for Patients: Unleashing Canine kindness

F2368C - Fountain Pens from Around the World.

F1969C - Top 7 Estate Planning Mistakes to Avoid

F0970C - Not All About the Benjamins: Defining Your Lasting Legacy

F0971C - Critical Conversation-Having "THE" Talk with Your Adult Kids

F1473C - Planning for Care

F1474Z-NA - Planning for Care

F1175Z-NF - Wonders of the National Park: A Geology of North America

F2376Z-NF - A History of India

F1177Z-NF - World Heritage Sites: The World's Great Places

F1178Z-NF - China: The Silk Road - Xi'an

F1979Z-NF - Because Every Body Dies: Your Funeral Rights and Options

F1480Z-NF - Giving up Driving, Alternative Transportation

F1982Z-NF - Understanding Required Minimum Distributions

F1984Z-NF - Positioning Yourself to Thrive in Retirement

F1485Z-NF - The Macula and Common Pathologies

F1286Z-NF - American Slang and Jargon

F1787Z-NF - Monday Morning Conversations via WebEx

F0689Z-NF - Internet Security for Seniors

F0690Z-NF - Gmail--Start to Finish